



# Chu's Guide to Sneezing . . . the Right Way

In CHU'S DAY, Chu may seem like an ordinary baby panda . . . but he's not. When Chu sneezes, extraordinary, impossible, enormous things happen. Follow these simple steps so you sneeze the right way!



## Step #1:

Ah-aah-aaah—

If you feel a tickle in your nose, that means you're probably going to sneeze! The most important thing to do when you sneeze is to cover your nose. Find a tissue and sneeze directly into it. Then throw your tissue into a trash bin as soon as you're finished using it.

## Step #1 (Alternative):

If you can't find a tissue, hold the inside of your arm up to your nose and sneeze directly into your sleeve or arm. Don't use your hands—that can spread germs super quick!



## Step #2:

Wash your hands with soap and water or use an alcohol-based hand sanitizer to kill any germs.



## Step #3:

Share the message on how to sneeze the right way with your friends and family!



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